

## Adult Tubing Assembly

**PREPARE TO DISASSEMBLE Junior *Dual Boards* Tubing**-- Cut your finger nails and put on gloves prior to disassembling Junior Pair *Dual Boards*. *Next*, slowly **Pull the Rivets out of the tubes and save them for your Adult Tubing Kit**; If rivets are difficult to take out; **use two flat head screwdrivers, or similar tools**, to pry the rivet far enough out of the hole for you to grab and pull. Note, when assembling the Adult *Dual Boards*, the **longest tube is for the wrist**; the **shortest tube is for the finger(s)** and the **medium length** tube is for the Hand

### ASSEMBLY INSTRUCTIONS

~Step 1: Place one Rivet onto each tube until the tube touches the flat part of the rivet's head;

Step 2: Pull the Rivet into a bottom Wrist hole. as you do this note that it is **best to pull the tube steadily as you push the rivet** so that the rivet lies flat on the board = Note, if the rivet does not lie flat on the board, pull the rivet and tube out and begin again -- again, note that it is **best to pull the tube steadily as you push the rivet** into the board.

Step 3: Once one rivet and tube portion are flush and flat on the bottom of one board, push the opposite end of the tube through the other wrist hole so that about 1 inch of the tube comes through the other side. Then, simply place a rivet into the tube, just enough so that the rivet will not fall out of the tube. Next, pull the tube and rivet gently into the body of the board so that the body of the board begins to stabilize the rivet.... **then, STOP!** Begin to push the rivet into the tube, but do not allow the rivet to actually go all the way into the tube -- you are using the body of the board to help you push the tube all the up to lie flat against the rivets flat head. **Watch as the tube begins to climb up the rivet** -- DO NOT RUSH -- make sure the tube climbs up to the flat part of the rivet; then simply **pull the tube while you push the rivet into the body** of the board. **Repeat this process** for the **hand**, and **finger**, then **repeat all Steps** for the other board. Should you have questions please call Julia Whittle at 301-775-5039